

Risk Assessment and Procedures for Dinghy Courses from Saturday 17th October 2020

To accommodate 'Rule of Six' Legislation Prepared by Simon Suter 16/10/2020

Hazard	risk	Control	Responsible person	Implemented
Illness by virus transmission affecting Trainees, Instructors and Members	At booking	Booking of courses via Webcollect Covid info and confirmation of courses to be sent out to each applicant by email.	TJ/SS	
		Send out joining reminder email to trainees in week preceding	SS	
ditto	Pinchpoint at site entry	Entry at sidegate	Meeter and Greeter	
ditto	Arrive with signs of infection	Asked to leave site and isolate at home	Meeter and Greeter	
Ditto	Trainee awareness of Site Rules	Ensure Trainees have read site rules, signed in and directed to mustering point	Meeter and Greeter	
ditto	Touchpoint at site registration	Registration manually to logbook on entry is required. Use NHS Track and Trace app if you have it.	Meeter and Greeter	
ditto	Touchpoints around site	Frequent use of handsanitiser.		
ditto	Galley	Galley may be used but 2 people inside only at a time	Instructors	
ditto	Bubbles of 6 persons	Trainees to be divided up into groups 5 or less, plus one Instructor.	Session leader	

ditto	Within buildings	Changing section of changing rooms to remain closed. Access to toilets is allowed. Trainees to be advised that there are no changing facilities. Beach towels suggested. Clients and Trainees to arrive dressed ready to sail and leave in their kit where appropriate. Changing clothes to be done elsewhere,	Signage Session leader On webcollect and joining instructions and welcome email.	
Ditto	Changing rooms	If a trainee is cold after immersion emergency use of changing rooms and showers are permitted. 2 persons at a time. Spray with disinfectant after use	Nominated person	
ditto	Toilets	Disabled toilet to remain open. Handsanitiser use on entry and exit. Disinfected regularly Toilets in changing rooms are available.	Nominated person	
ditto	LEVEL 1 Course numbers dictated by boat availability	doublehander boats 2 Trainees and 1 instructor Masks to be worn at all times by all sailors while on the water	Session leader and nominated person/Instructor	
ditto	Theory Sessions	Where possible Deliver outdoors up to 5 trainees within their bubble at 2m distancing. Mask worn by Instructor.	Session leader and nominated person	

ditto	Theory sessions	If outdoors not possible, move into Training Room at 1m distancing using masks, mitigation, handwashing and Chairs and Room to be disinfectant sprayed before and after sessions. Use of video delivery with TV is permitted.	Session leader and nominated person	
ditto	Resources	Handbooks to be issued from storage. Each trainee has their own .	Session leader and nominated person	
ditto	Practical sessions.	Boats disinfected before, between and after sessions. Frequent use of handsanitiser. When 2m distancing is not possible in boats, use of masks and hand cleaning before and after session.	Session leader and nominated person	
ditto	Buoyancy Aids	BAs disinfected before and after session. BAs should be used by one person,	Session leader and nominated person . Trainee	
	With in boats	Instructors and Trainees to wear masks at all times when in boats. Instructor to choreograph crew movements when tacking etc.	Instructors	
Ditto	LEVEL 2 Course numbers dictated by group size	Max 10 trainees Delivery by Instructors on land with 2m distancing or 1m with mitigation	Session leader and nominated person	

	5 trainees plus instructor = 6 sailing single handers	or on water from powerboats		
ditto	On water	In Double handers, up to 3 Trainees may sail together, with masks and frequent hand sanitising.	Trainees	
ditto	Theory	Delivered to bubbles of 6, spaced 2m apart or if not possible, 1m with mitigation when outdoors If indoor space Use 1m distancing and mitigation	Session leader and nominated person	
ditto	Use of Safety boats in courses	Instructors to rig /derig engines. Ensure usual safety kit is on board, eg tow rope, paddle, first aid kit and Covid kit. Maintain 2m social distancing where possible. When passengers on board use 1m distancing and mitigation. Rescuers to be taken to shore immediately and dinghy to be secured after.	Instructors	
ditto	Righting capsized dinghy,	Use mast tip method then daggerboard method.	Helm and crew	
ditto	Rescue boats	Use dropdown ladders to avoid handling persons . If handling persons is unavoidable use Covid prevention kit	Helm and crew	
ditto	Injuries	Use Covid prevention kit when treating casualty	Person administering First Aid.	
ditto	Recovering boats	Maintain distancing where possible	Instructors and trainees	

		Disinfectant spray to boats and equipment		
ditto	De-rigging boats	Maintain 1m distancing with mitigation. Disinfectant spray down boats and kit	Nominated person or Instructors and trainees	
Ditto	Putting kit away	Maintain distancing 1m distancing with mitigation. Disinfectant spray down kit.	Nominated person or Instructors and trainees	
Ditto	Plenary and briefing for next session.	Maintain 2m distancing or 1m with mitigation.	Instructors	